## **Composite Fillings Before and After**

Unlike metal fillings (amalgam) which essentially just fills a hole and requires retention features to hold the filling, white fillings (composite cavity restorations), when used with dentin and enamel bonding techniques, restore the tooth. The main advantage of a composite filling over traditional metal amalgam is improved aesthetics. Composites can be made in a wide range of tooth colors allowing near invisible restoration of teeth. Polymerization is accomplished typically with a hand held curing light that emits specific wavelengths.