

Pain and Symptom Checklist

Name: _____

What's Your Chief Complaint: _____

History of Pain (*circle all that apply*):

Symptoms/Signs:

- I know which tooth or area hurts
- I can't tell which tooth or area hurts
- It's my upper jaw
- It's my lower jaw
- I don't know what or where it hurts but I have pain
- Hot/Cold aggravates my pain,
- Hot/Cold relieves my pain
- I'm taking pain medication(s)
 - They're working
 - They're not working
- I describe my pain as:
 - Sharp Pain,
 - Knife-like (lancinating) pain
 - Electricity-like pain
 - Dull ache
 - Dull hammer throb
 - Pain with heartbeat
 - Hurts more at night
 - Hurts more in morning
 - It wakes me up
 - It comes and goes
 - It's constant
 - When it comes it stays but then disappears and then returns again
 - It's severe
 - It's just mild
 - It's moderate pain.
- Is the pain spontaneous or only provocative pain (the pain is only painful if I provoke it with thermal or sugary food challenges or if I mechanically challenge it by biting or chewing or bumping it / **or** the pain is painful spontaneously all the time or at times and doesn't

need to be provoked)

- Pain radiates to other parts of face/head/jaw/neck
- Biting hurts
- Chewing hurts
- I broke my tooth and now it hurts
- Biting doesn't hurt but when I bite and then 'let off' of the bite it sends a jolt of pain
- I cannot localize which tooth or teeth hurts
- I have pus
- I have swelling
- I have a gumboil(s) (fistula)
- I had swelling but it went down
- I am taking pain medication to cope with the pain
- I am taking an antibiotic
- Pain feels like a 220Volt wire in my face for a short time then goes away then comes back in cycles
- I take psycyhe meds
- I take tranquilizers (sleeping pills or benzos)
- I have taken prescribed antidepressants or tranquilizers in the past months or several years but not now
- I drink alcohol frequently
- I take other drugs (recreationally or prescribed)
- Pain hurts when I lie down
- My bite feels off
- My TMJ is tender
- I have a runny nose or a history of sinusitis
- I don't feel well
- I'm running a fever or feel hot
- I feel cold
- My tooth is changing color or has changed in color
- I have suffered trauma to my face/jaws/head/neck recently or in the past
- I've worn orthodontic appliances or teeth braces in the past
- I've had a recent dental cleaning
- I've had a dental operation in the past for the area hurting me
- I've had recent dentistry done such as fillings or crown on the tooth hurting me
- My tooth doesn't hurt but it is tender
- My tooth doesn't hurt but something feels 'different'
- My gums hurt
- My face is tender or hurts if I touch it a certain way or in a certain area
- I have extraordinary stress in my life
- I have other symptoms too such as vertigo or dizzy or other complaints,

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Other: Please describe your pain or problem if different than anything mentioned above:

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For Doctor / (Diagnosis):

Reversible Pulpitis

Irreversible Pulpitis

Acute Apical Periodontitis

Chronic Periapical Periodontitis

Odontogenic / Non-Odontogenic Sinusitis

Post-Treatment Pain

Trigeminal Neuralgia (tic dolooureux) / Other Neuralgias

Periodontal Abscess / Periodontitis / Gingivitis

Granuloma, Cyst, Benign, Malignant

Psyche: Drug Tolerance Symptoms, Drug Interdose Withdrawal Symptoms,
Drug Withdrawal Symptoms

Other

Diagnosis is based on patient history, clinical exam, and an image (often an x-ray image).

Note: The patient's history of signs/symptoms and the doctor's clinical exam is a critical component to diagnosis and the x-ray serves as an adjunct (sometimes an x-ray reveals nothing unusual, but the patient has pain).

Please inform me of your problems/concerns.